#### CT SCAN WITH NO CONTRAST:

No preparation is required unless specifically listed below.

## **CT SCAN WITH CONTRAST:**

**Food:** Nothing but clear liquids 4 hours prior to the exam.

**60 years or older:** Patients 60 years or older require blood (BUN & Creatinine) no older than 30 days.

**Dialysis Patients:** Patients currently on dialysis require blood work (BUN & Creatinine) no older than 30 days. Patients should heave CT exam as soon as possible prior to dialysis so patient can have dialysis to clear contrast later that day or the next day.

**Diabetic Patients:** Patients who are diabetic require blood work (BUN & Creatinine) no older than 30 days. Patients taking Glucophage, Glucovance or any other medication containing metformin you must discontinue use of this medication for the day of and 48 hours after the examination.

**Asthma History:** Patients who have any history of asthma require pre-medication. (Your doctor will write a prescription for pre-medication.) Patient must pick up from pharmacy no later than noon the day before the scan.

**Allergies:** Patients with allergies to shellfish, seafood or iodine may require pre-medication. If the patient has itchiness/hives/rash pre-medicate the patient. If the patient has shortness of breath/closing of throat we cannot perform exam with contrast.

All CT ANGIOGRAPHY studies will receive IV CONTRAST ONLY.

## **CT Instructions - Pelvis / Abdomen**

**CT with a Diagnosis of AAA** (Abdominal Aortic Aneurysm) **DO NOT** take barium

## **CT Renal Exams**

- CT with diagnosis of renal (kidney) stones **DO NOT** take barium OR IV contrast.
- CT with diagnosis of renal (kidney) carcinoma **DO** take barium. (Patient will take two bottles of barium; first bottle 2 hours before the exam; second bottle 1 hour before exam).
- CT with diagnosis of renal (kidney) mass **DO** take 2 bottles of barium. (Patient will take 2 bottles of barium; first bottle 2 hours before the exam; second bottle 1 hour before exam).

CT Abdomen Plain: Nothing but clear liquids 4 hours prior to exam. Patient is to be prepped with barium unless this is a renal study. (Patient will take one bottle of barium one hour before exam).

CT Abdomen w/wo: Nothing but clear liquids 4 hours prior to exam. Patient is to be prepped with barium unless this is a renal stone study. (Patient will take one bottle of barium one hour before scan).

**CT Pelvis Plain:** Nothing but clear liquids 4 hours prior to exam. Patient is to be prepped with barium unless this is a renal study. (Patient will take two bottles of barium; first bottle 2 hours before the exam; second bottle one hour before exam).

**CT Pelvis w/wo:** Nothing but clear liquids 4 hours prior to exam. Patient is to be prepped with barium unless this is a renal study. (Patient will take two bottles of barium; first bottle 2 hours before the exam; second bottle one hour before exam).

CT Abdomen and Pelvis Plain: Nothing but clear liquids 4 hours prior to exam. Patient is to be prepped with barium unless this is a renal study. (Patient will take two bottles of barium; first bottle 2 hours before the exam; second bottle one hour before exam).

CT Abdomen and Pelvis w/wo: Nothing but clear liquids 4 hours prior to exam. Patient is to be prepped with barium unless this is a renal study. (Patient will take two bottles of barium; first bottle 2 hours before the exam; second bottle one hour before exam). For diabetic patients taking Glucophage, Glucovance or any other medication containing metformin you must discontinue use of this medication for the day of and 48 hours after the examination.

# **CT Urogram - Exam Preparation**

- No Barium/MORE THAN LIKELY WILL ALWAYS REQUIRE IV CONTRAST.
- No solid food 4 hours prior to the exam.
- Drink water, there is no restriction on your water intake.
- If you are allergic to IV iodinated contrast or shellfish, please contact our office for further instructions.

## **MRI Exams:**

No surgeries within 8 weeks prior to your exam. **NO PACEMAKERS.** If you have any type of stent, ear implant, aneurysm clip, or ANY type of metal please bring documentation identifying it.

Bring all correlating films of area being diagnosed.

MRCP Exams: No food or drink 8 hours prior to your exam.

### **Ultrasound Exams:**

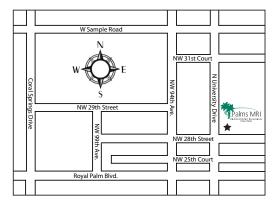
**Abdominal Complete:** No food or liquids 8 hours prior to your exam.

**Retro Complete:** No food or liquid 8 hours prior to exam if looking at the Aorta or Pancreas.

*Pelvic Transabdominal:* Drink 32oz. of water one hour prior to your exam.

*OB Exams:* Greater than 14 weeks, drink 32oz. of water one hour prior to your exam time.

Less than 14 weeks, drink 32oz. water  $\frac{1}{2}$  hour before your exam time.





Palms MRI is conveniently located on the N.E. corner of 28th Street on University Drive.

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